

BOWEL REGIMEN

Peri-Colace 1 cap PO or 15mg PT bid
Milk of Magnesia 30mg QO hs
Dulcolax Suppositories Q Day

If above not successful over a 72 hr. period, provide ½ -1 bottle of Mag Citrate after notifying house officer to rule out obstruction.

Stack et al: J Gastroenterology 1999; 94:567-574

www.guideline.gov : Neurogenic bowel management in Adults with spinal cord injury, 1998